



# *The* MENU

## STARTERS

**Grilled hallumi** **R79**

*served on a bed of greens with a slice of lemon and sweet chilli sauce*

**Calamari starter** **79**

*served with a portion of rice, drizzled with lemon butter sauce and a side of tartar sauce*

**Peri-peri chicken livers** **79**

*served with a creamy peri-peri sauce*

**Creamy Garlic escargots** **79**

*a classic creamy garlic snails topped with parmasan cheese*

**Garlic foccacia** **R79**

*classical foccacia made fresh in our wood pizza oven*

**Jalepeno poppers** **R85**

*served on a bed of greens ,stuffed with cream cheese and crumbed topped with sweet chilli sauce on the side*

## SALADS

**Greek salad** **R85**

*a bed of greens served with feta, onions ,peppers ,tomatoes, cucumber and calamata olives*

**BBQ Chicken avo salad** **R125**

*your classical greek salad topped with bacon ,BBQ chicken finished off with avo.*

**Calamari salad** **R95**

*your classical green salad topped with grilled or fried calamari drizzled with lemon butter sauce and lemon wedges*





## TRAMEZZINIS

### **Chicken mayo**

**R120**

*chicken breast with mayonaise and mozzarella cheese  
stuffed in a Traditional Tramazzini bread*

### **Crumbed sweet chilli chicken**

**R120**

*crumbed chicken breast with sweet chilli sauce and lettuce and tomato  
topped with mozzarella cheese in a Traditional tramazzini bread*

### **Bacon feta & avo**

**R150**

*traditional tramazzini bread stuffed with bacon ,fetta and  
slices of avo topped with lettuce and tomato*

### **BBQ chicken ,feta & avo**

**R130**

*traditional tramazzini stuffed with Grilled chicken breast  
drizzled with BBQ sauce topped with feta and avo on a bed  
of greens,*

## WRAPS

### **Crumbed sweet chilli chicken**

**R110**

*Crumbed chicken breast with lettuce and tomato drizzled  
with sweet chilli sauce rolled with a classical wrap*

### **Bacon feta & avo**

**R125**

*Lettuce and tomato topped with bacon and feta finished  
off with slices of avo rolled in a classical wrap*

### **BBQ chicken and avo**

**R120**

*Grilled chicken breast drizzled with BBQ sauce topped with feta  
and avocardo slices served with lettuce and tomato rolled in a  
classical wrap*





## TOASTED SANDWICHES

### **Chicken mayo**

**R80**

*Chicken mayo served with a choice of white or brown bread  
and a choice of chips or a side salad on the side*

### **Bacon & egg**

**R40**

*Bacon and egg served with a choice of white or brown  
bread and a choice of chips or salad on the side*

### **Bacon, egg & cheese**

**R80**

*bacon, egg and cheddar cheese served with a choice of white or  
brown bread and a choice of chips or salad on the side*

### **Ham & cheese**

**R70**

*hickory ham, cheddar cheese served with a choice of  
white or brown bread and a choice of chips or salad on  
the side*

### **Ham, cheese & tomato**

**R75**

*hickory ham, cheddar cheese & tomato served with a  
choice of white or brown bread and a choice of chips or  
salad on the side*

sable shores  
RESTAURANT





## BURGERS

### ***Classical beef burger***

**R95**

*150g homemade 100% beef patty served with lettuce and tomato on a Burger bun with a choice of chips or salad on the side*

### ***Cheddar melt burger***

**R115**

*150g homemade 100% beef patty served cheddar cheese and a creamy cheese sauce and lettuce, tomato, onion on a Burger bun with a choice of chips or salad on the side*

### ***Grilled chicken burger***

**R95**

*Grilled chicken breast served with lettuce, onion and tomato with a side of chips or salad*

### ***Bacon and cheese burger***

**R115**

*150g homemade 100% beef patty served cheddar cheese, bacon and lettuce, tomato, onion on a Burger bun with a choice of chips or salad on the side*

### ***Bacon and avo burger***

**R140**

*150g homemade 100% beef patty served cheddar cheese, avo and lettuce, tomato, onion on a Burger bun with a choice of chips or salad on the side*

Sable  
Shores  
RESTAURANT





## PIZZAS

*Homemade sourdough bases*

***Margherita*** ***R110***

*mozzarella cheese with tomato*

***Regina*** ***R115***

*mozzarella with ham and mushroom*

***Hawaiian*** ***R120***

*mozzarella with ham and pineapple*

***Chicken mayo*** ***R125***

*chicken mayo with pepperdews and feta*

***Pepperoni*** ***R125***

*mozzarella with pepperoni slices*

***Autumn delight*** ***R115***

*mozzarella with butternut, feta and caramelized onion*

***BBQ chicken & avo*** ***R125***

*mozzarella with grilled chicken breast, BBQ sauce ,feta and avo*

***Bacon feta & avo*** ***R135***

*mozzarella with bacon , feta and avo*

***Meat lovers*** ***R150***

*mozzarella with pepperoni , bacon ,cheese grillers and ham*

***morgan freeman*** ***R125***

*calamari head with lemon ,balsamic concentrate on a focaccia base*

***Mexican tostada*** ***R130***

*mozzarella with chilli mince, jalapenos, green pepper and onion*

***Seafood pizza*** ***R150***

*mozzarella with calamari ,prawn, crab sticks and garlic*





## PASTAS

*Choice of fettuccine ,penne or spagehetti pasta*

**Alfredo** **R115**

*Ham and mushroom with a creamy white sauce*

**Creamy chicken** **R115**

*grilled chicken breast with basil pesto and cream garlic sauce*

**Spaghetti bolognaise** **R115**

*traditional bolognaise*

**Mexicana** **R125**

*chilli mince with jalapeno*

**Seafood** **R130**

*calamari ,crab stick ,prawn with glaric*

## SEAFOOD

*seafood served with chips ,rice or salad*

**Grilled hake** **R145**

*your choice of grilled or fried hake drizzled with lemon butter sauce with a side of grilled veg*

**Grilled kinklip** **R240**

*grilled kingklip drizzled with lemon butter sauce with a side of grilled veg*

**Calamari main** **R135**

*your choice of grilled or fried calamari with a side of grilled veg*

**Hake and calamari** **R185**

*your choice of grilled or fired drizzled with lemon butter sauce served with a side of veg*

**12 prawns** **R279**

*grilled prawns drizzled served with a side of veg*

**Seafood platter** **R279**

*your choice of grilled or fried .hake ,6 prawns and calamari drizzled with lemon butter sauce served with a side of veg*

sable  
shores  
RESTAURANT



## MEATS

*served with chips, mash or salad*

**Hot plate fillet 300g** **R245**

*Prime cut fillet Served with veg*

**Hot plate rump 300g** **R175**

*classical rump served with veg*

**Hot plate sirloin 300g** **R175**

*classical sirloin served with veg*

**500g T-Bone** **R195**

*prime cut T-Bone served with veg*

**Rump espetada 400g** **R175**

*Rump served with peppers and onion on a skerver with a side of veg*

**Pork spareribs 600g** **R205**

*Slow cooked ribs served with a side of veg*

**Crispy Eisbein** **R175**

*classical pork shank served with honey mustard sauce and a side of veg*

**Sliced lamb neck** **R215**

*slow cooked lamb neck served in a small potjie pot with a side of veg*

**Greek lamb chops 300g** **R215**

*tradition greek lamb chops grilled to perfection served with a side of veg*

**Crumbed chicken strips** **R115**

*Crumbed chicken breast strips served with a sauce of your choice with a side of veg*

**Chicken schitzel** **R135**


*Crumbed chicken breast served with a sauce of your choice and a side of veg*

**Full chicken** **R165**

*oven baked lemon and herb /peri-peri chicken served with a side of veg*

**Half chicken** **R125**

*oven baked lemon and herb /peri-peri chicken half served with a side of veg*





## DESSERT MENU

<i>Ice cream and chocolate sauce</i>	<b>R50</b>
<i>Malva pudding (served with custard or vanilla ice cream)</i>	<b>R80</b>
<i>Chocolate valcano with vanilla ice cream</i>	<b>R80</b>
<i>Danish waffle with vanilla ice cream or cream</i>	<b>R70</b>
<i>Cake of the day (as Available)</i>	<b>R80</b>

## COMBO MEALS

*served with chips ,rice,salad or mash*

<b>Rump and prawns</b>	<b>R289</b>
<i>300g rump served with 6 prawns and a side of veg</i>	
<b>Ribs &amp; 4 chicken wings</b>	<b>R195</b>
<i>slow cooked pork ribs served with 6 chicken wings either lemon and herb or peri-peri with a side of veg</i>	
<b>Ribs &amp; half chicken</b>	<b>R195</b>
<i>slow cooked pork ribs served with a half peri-peri or lemon and herb chicken with a side of veg</i>	
<b>Calamari and 6 prawns</b>	<b>R289</b>
<i>calamari served either grilled or fried with 6 prawns drizzled with lemon butter sauce and a side of veg</i>	
<b>half chicken and calamari</b>	<b>R215</b>
<i>Half chicken oven baked either peri-peri or lemon and herb served with calamari and a side of veg</i>	
<b>Meat basket</b>	<b>R395</b>
<i>Ribs ,samoosas ,, lamb chops , chicken wings and a cheese griller served with a side of veg</i>	
<b>Meat platter</b>	<b>R465</b>
<i>half rump espetada , 4 wings ,half ribs &amp; 150g lamb chops served with a side of veg</i>	





## KIDDIES

### MENU

<i>beef burger and chips</i>	<b>R65</b>
<i>chicken strips and chips</i>	<b>R55</b>
<i>cheese griller and chips</i>	<b>R55</b>
<i>300g Pork spare ribs and chips</i>	<b>R55</b>
<i>Spaghetti bolognaise</i>	<b>R85</b>
<i>Small Hawaiian pizza</i>	<b>R55</b>
<i>small cheese pizza</i>	<b>R45</b>
<i>Small Margherita pizza</i>	<b>R45</b>
<i>ice cream and chocolate sauce</i>	<b>R40</b>

## CHEFS SPECIALS

*served with chips or rice or salad or mash*

<b>Glazed fillet Mignon</b>	<b>R289</b>
<i>beef Fillet served with crumbed camabert cheese topped with a berry reduction and a side of veg</i>	
<b>Parma chicken</b>	<b>R235</b>
<i>Grilled chicken breast topped with basil pesto parma ham mozzarella and cheddar served with baby marrow slices</i>	
<b>Flambeed steak Pasta</b>	<b>R245</b>
<i>flambeed steak with brandy topped with mushroom garlic and onions</i>	
<b>surf and turf (Rump or sirloin)</b>	<b>R245</b>
<i>Perfectly grilled steak topped with shrimp in a creamy garlic sauce</i>	

